

#### MEET DR DARREN

" HI, I'M DR DARREN AND I LOVE SPINES! Seriously, I do. I'm passionate about helping patients achieve long-term wellness through chiropractic care. I'm also commited to educating the community on the importance of caring for your spine throughout life.

My wife Helen and I opened our Chatswood Clinic in 2008 and we're so proud of the 2,000+ happy patients we've created in that time. We especially love all the families who've embraced our approach and have inspired a new generation of young people who value their health and their spine.

Having our own in-house X-ray facility and expansive gym dedicated to spinal and postural correction means we are definitely doing things differently here!

And, I'm 100% confident in saying that this unique methodology is having a powerful impact on people's lives and wellbeing."

### **MEMBERSHIPS**

Chiropractic Association of Australia International Chiropractic Pediatric Association

#### **EDUCATION**

Chiropractor Bachelor of Applied Science, Bachelor of Chiropractic Science Royal Melbourne Insitiute of Technology 2004

#### **SPECIALISATION**

## CHIROPRACTIC BIOPHYSICS

Chiropractic BioPhysics (CBP) is a technique that focuses on the structural rehabilitation of the spine. The aim of CBP is to restore an individual's spine and posture to a healthy state called the Ideal Spine. This reduces the stress on the body protecting an individual from pain and arthritis. Dr Darren advocates spinal check ups of the entire family as many spinal disorders are hereditary.

# WEBSTER TECHNIQUE

Darren is also certified in the Webster Technique. This technique aids women during pregnancy and has been shown to reduce the effects of intrauterine constraint, allowing the baby to get into the best possible position for birth.

## CONTACT DR DARREN

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